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Unified voice takes on gangs

Alberta MLA shot 17 years ago joins chief, justice minister in call for tougher laws

KRISTA SYLVESTER
 krista.sylvester@metronews.ca

An Alberta MLA hit by random gunfire 17 years ago wants gun laws to go further — as far as seizing cars from gang members carrying weapons.

Alberta Liberal justice critic Kent Hehr has been a strong advocate against guns since he was left a quadriplegic after a 1991 random shooting.

"I think laws taking vehicles from people who are carrying

guns in them could help prevent someone like me getting shot," Hehr told Metro. "I don't want to see innocent people get shot."

His comments come amid a firestorm of debate on gun violence among gangs in the city and what to do about it.

"Let's hit gang members in the pocketbooks, and take away their \$50,000 cars and make it

so crime doesn't pay," Hehr said, echoing an earlier sentiment from police Chief Rick Hanson.

Earlier this week, Hanson called for stronger gun laws to put first-time gun-toting offenders in jail for a minimum five years.

"Gangbangers only carry guns for one reason and we know why. That's serious and we should treat it as such," Hanson told Metro.



Federal Justice Minister Rob Nicholson said he fully supports the chief's comments and pointed out the newly introduced Bill C-2, also called Tackling Violent Crime Act, which would put first-time offenders in jail for three years, and second-time offenders for five.

"I agree 100 per cent there needs to be tougher laws and when a police chief will stand up and support that, I applaud him," Nicholson said.

Hanson said while it's not the five years he asked for, if served in full it would be a good start.

Bill C-2 provisions

- Mandatory jail sentence of five years for first time serious gun offences, seven years a second time
- Mandatory jail sentence of three years for carrying a prohibited weapon, five for the second time

"Three years should mean three years. There should be no early release, and maybe these guys will see how serious it is if they serve serious time," Hanson said.

MORE COVERAGE, PAGE 3

City shrugs at airport tunnel

REPORT The price tag is way up in the air, but there may yet be a tunnel at the airport.

A report tabled for the city's transportation committee yesterday pegged a potential 720-metre tunnel at \$350 million, while the total cost of the plan would be closer to \$500 million with proper supporting infrastructure.

But transportation general manager John Hubbell said the airport tunnel is not a priority as the project "is not necessary for airport traffic."

METRO CALGARY

Canada page 5

Activist airs Arctic oil fears

Food page 12



Go wild with blueberries

Olympics

Canada's flag bearer

Canada's Adam Van Koeverden celebrates his men's K1 canoeing 500 metres gold medal at the Athens 2004 Olympic Games in this August 28, 2004 file photo. The Canadian Olympic Committee announced yesterday that Van Koeverden will be Canada's flag bearer for the Beijing 2008 Olympic Games. **Story, page 9.**

Buzz grows for Calgary film studio

ACTION A new state-of-the-art film studio could be in the works for Calgary, according to an online film industry publication.

"All indicators are in place that the province needs and supports a Calgary studio. It's certainly an initiative that has a lot of momentum," Alberta film commissioner Jeff Brinton told Etan Vlesing of online site The Hollywood Reporter (THR.com) yesterday.

According to THR.com, a Calgary Economic Development discussion paper has stirred interest in a studio comprised of three sound stages, two at 7,000 square feet and one at 15,000 square feet.

Alberta landscapes along with prized technical crews have prompted Hollywood studios to come back time and again to the province to shoot major motion pictures.

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Deerfoot Trail fatality identified

The man killed in a single vehicle collision Tuesday has been identified as Stevan Douglas Smith, age 39. He died from injuries sustained when his Maxima left southbound Deerfoot Trail and entered the grass median.

METRO CALGARY

3

Local

**Monsters of Rock Festival**

The Prince of Darkness, Ozzy Osbourne, will be storming the McMahon Stadium this Saturday during the Monsters of Rock Festival. Also performing will be Judas Priest, Testament, Priestess, Hatebreed along with several other bands. Die-hard rock fans can get tickets at Ticketmaster. The festival kicks off at 11:30 a.m.

METRO CALGARY



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ROGERS™

Chief, citizens urge gang parents to step up

KRISTA SYLVESTER
krista.sylvester@metronews.ca



Echoing the city's top cop comments about parents of gang members needing to "open their eyes" — Calgarians are hoping they listen.

Hanson lashed out at parents Tuesday asserting that many seem to turn a blind eye to the gang lifestyle.

"I find it hard to believe the parents are unaware of their kids being involved in such a violent lifestyle, one that involves drugs and guns...open your eyes," he told reporters.

And Calgarians seem to be feeling the same frustration geared towards the parents of gang members.

"I think parents need to step in and start getting involved in the child's lives. I definitely think they should be doing more to stop their own kids from entering that life," father of two, Grant Sleeman said.

Amanda Beatty of Calgary believes parents should be accountable for their children's gang-related crime behaviour.

"More policing and more

warning signs

- Signs your child may be involved in a gang according to the Community Solutions to Gang Violence website
- Watch for a change in attitude or friends
- Watch for money, cell phones or expensive merchandise from unknown sources
- If you're concerned or need more information visit www.getalife.ca

laws is making things harder on the parents. They should be held responsible for their kids," she said.

Police urge parents who suspect their children may be involved in gang life to call them, even for advice, according to Youth at Risk Development (YARD) Cst. Al Devolin. "YARD is to help with prevention and act as a deterrent. We've had parents call for advice on how to handle situations where they think their kids are involved with gangs."

Share your thoughts »

calgaryletters@metronews.ca

What should be done to curb gang violence?

**Crystal Seaver, 33**

— I think they should crack down on the violence downtown with more police presence on the streets.

**Brendan Mattie, 25**

— I actually don't think anything will help. They are doing it now and I just think they're going to keep doing it.



City council received phase one of a safety audit on Deerfoot Trail, pointing out a variety of pressing areas of concern. Speed reductions could be considered to improve safety.

Deerfoot Trail safety under microscope

NEIL MACKINNON
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The ongoing woes of Deerfoot Trail are finally being officially documented and speed restrictions may be in the works.

While the first phase of a three part Deerfoot Trail Safety review, tabled for the city's land use, planning and transportation committee yesterday, merely "confirmed" what Calgarians have been murmuring about for years, Ald. Diane Colley-Urquhart, whose joint motion with Andre Chabot spurred the study, said its comprehensiveness finally put fact to rumour.

"Controlling the flow of people entering onto Deerfoot is important, which is what ramp metering could do, so we have to see if that is applicable in this circumstance," Colley-Urquhart said, noting the 93 access points along Deerfoot's 46-km are a matter for concern, especially considering the report said 74 per cent of injury collisions on the stretch occurred between McKnight Blvd. and 17 Ave. SE.

"We're starting to get some really good information."

Speeding on Deerfoot was the most commonly observed problem in the study with only peak periods of congestion limiting

the perpetual flog and while speed limiting pilot studies were conducted years ago when the city maintained the route, it may be time to revisit the posted limits, said city traffic engineering manager Troy McLeod.

"That's one of multiple different types of recommendations associated with operational characteristics that are problematic along the corridor," he said, citing a multitude of poor driving habits from rubbernecking to improper signalling.



Taylor vies for Alta Liberal reins

PARTY LEADERSHIP Dave Taylor, the Calgary-Currie MLA, doesn't consider himself a masochist.

Admittedly, the freshly announced Alberta Liberal party leadership hopeful has more than enough work cut out for him with an estimated \$600,000 party debt to contend with while Dave Taylor root out more supporters.

"Unless you're goofing off in politics, you've always got a lot of work to do," said Taylor.

While no opposition had stepped forward by the time Taylor announced his run for the leadership yesterday, a month after leader Kevin Taft said he'd be stepping down, fellow Calgary MLA David Swann is rumoured to be mounting a run as are Edmonton MLA's Laurie Blake and a Lethbridge shop any guitar hero would love

NEIL MACKINNON/METRO CALGARY

metronews.ca

What's online today.

Watch Cirque du Soleil set up for their Calgary gig, and reports about The Calgary Zoo's stingray death mystery and a Lethbridge shop any guitar hero would love
Check movie showtimes, trailers and reviews
Play online Jumble Jong!

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Alleged cancer scammer caught

ALICIA FOX
for Metro Calgary



ARREST The Canadian Cancer Society is one of many organizations relieved to see an alleged tug-on-the-heartstrings-scammer caught in her tracks and behind bars.

Shannondoe Best, who has gone by three other names, was arrested and charged after allegedly keeping well-intended donor dollars for herself after knocking on doors asking for donations for numerous cancer fundraisers.



Shannondoe Best

"We're very happy that the police have been able to catch her," said Jason Lyver, revenue development coordinator with the Canadian Cancer Society. "Our key message is if you feel hesitant, get the person's information ... and give us a call."

Each collector is also issued a letter of endorsement and hesitant donors can call and ask to speak with anyone in the fundraising or donor relations departments.

"Fortunately, it's a very isolated case," said acting Sgt. Shawn Goertzen. He said that a specific dollar amount has not been established, but that it is in excess of \$10,000. However, with 100 victims identified yesterday and 50 more yesterday, he anticipates that additional calls today will hike the dollar figure.

Local mathletes bring home bronze medals

Calgary students represent country in math Olympics

ALICIA FOX
for Metro Calgary



If 535 students from 96 countries spanning seven continents all gathered in Spain for the International Mathematical Olympiad, how would Calgary fare?

Quite well. Chengyue Sun and Xiaolin Shi, both entering their senior year in high schools in Calgary, won bronze medals in the 49th annual IMO. Both participated in intense training courses and qualified by taking a series of three Olympiad tests before being invited to Spain.

Sun, 16, who said he has been training since the 10th grade at Western Canada High School, also participated last year.

"Just representing the country makes me very proud," he said, adding he's "very satisfied and very happy" with his accomplishments this year.

The competition, held in a different country every year, takes top high school math students from all over the world and gives them a series of

"Just representing the country makes me very proud."

Chengyue Sun
16-year-old mathlete

challenging questions, each worth seven marks. The questions are completed individually by each student and scored accordingly.

Graham Wright, executive director for the Canadian Mathematical Society, said the students establish excellent worldwide networks and the competition expands their knowledge in problem solving.

"It's a very educational experience from a cultural standpoint," he said, adding the students tour the country where they live for the 12 days.

He said the future career opportunities are numerous, since analytical thinking spans everything from business to research to medicine.

Sun, though undecided, said he is considering careers in financial math or engineering.



Chengyue Sun, 16, was one of two Calgary winners of a Bronze Medal for Math at the International Math Olympics.

WestJet stops credit card check-in

FRAUD Concerns over credit-card fraud have prompted WestJet Airlines to kill credit card check-in at self-serve kiosks.

The decision, announced yesterday, will affect 28 airports across the country as soon as possible, according to Gillian Bentley, spokeswoman for the Calgary-based airline.

There are fears that security features at Toronto's Pearson International Airport have been compromised and that sensitive information may have fallen into the wrong hands. Customers will still be able to check themselves in prior to arriving to the airport or using reservation numbers, frequent-flyer numbers, addresses or passports.

METRO CALGARY

No clues in cause of stingray deaths

INVESTIGATION Calgary Zoo officials are frustrated that they may never know what killed all but two of their 43 cow-nosed stingrays in May.

Toxicology reports revealed no clues and investigations have ruled out disease, bacteria, and water quality as potential causes. Cathy Gaviller, zoo conservation director, said the possibility of intentional poisoning will lead to increased security.

METRO CALGARY

Police looking for pedophile in Leduc

ASSAULT Police are searching for a pedophile in Leduc, after an 11-year-old girl was sexually assaulted this week, and was caught on camera by a bystander.

Just before 8 p.m. Tuesday, a stranger approached

an 11-year-old girl, who was playing on the playground of Corinthia Park School. Police say the man sexually assaulted the young girl, then fled on foot.

A witness caught the suspect on camera, and turned

the video in to police. The victim did not know her attacker.

"She's a little shaken up, but she's doing okay," said Leduc RCMP Const. Jodi Heidinger.

METRO NEWS SERVICES

Cardiac treatment gets boost

HEALTH Albertans suffering from heart disease can receive much faster care no matter where they live in the province, said Alberta Health Minister Ron Liepert yesterday. Facilitators have been hired to make sure pa-

tients are referred to the first available and most appropriate health service provider. The workers will assist doctors by acting as a liaison with cardiac health care services.

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Pilot honoured for air miracle

A retired pilot who averted a disaster 25 years ago was honoured yesterday by the people of Gimli, Man. On July 23, 1983, Bob Pearson was piloting an Air Canada 767 when the jet ran out of fuel. Pearson managed to land on an abandoned airstrip near Gimli.

METRO NEWS SERVICES

5

Canada

"We've seen more and more appetite for an election."

Stéphane Dion at a campaign-style "town hall" gathering near Ottawa.



Dion's stand

Canadians are getting more accepting of the idea of a federal election, opposition leader Stéphane Dion said yesterday, but he refused to suggest he was ready to topple the minority Conservative government any time soon.

Byelections likely clue to voting pulse

POLITICS As with previous byelections under this Conservative minority government, three expected to be announced today or tomorrow will be billed by pundits as clues to how and when Canadians will be voting in a general election.

Prime Minister Stephen Harper is expected to announce an early September date for byelections in Guelph, Ont., and the Montreal-area ridings of Westmount-Ville-Marie and St. Lambert.

Guelph and Westmount are especially important to Liberals. If the Grits do well in these ridings they now hold, it's believed they'll be emboldened to defeat the government and force a vote before the end of this year.

TORSTAR NEWS SERVICE

Media

CBC unveils Chinese website

ONLINE Canada's national public broadcaster launched a Chinese news website yesterday. CBC British Columbia, in association with Radio Canada International (RCI), became this country's first major broadcaster to introduce a news site that features up to 18 local, national and international stories in simplified and traditional Chinese. "We'll pick a number of stories, then we'll talk to the translators/journalists at RCI, and they'll translate and post them," said Liz Hughes, the director of news for CBC.

TORSTAR NEWS SERVICE

Edmonton Memorial for slain woman



Jeff Rentz, brother of slain Nancy Cooper, listens to a memorial service while holding two children yesterday afternoon at Grace Lutheran church in Edmonton. Cooper, who lived in Cary, N.C., was reported missing by a friend last week, after she didn't return home from jogging in the morning. Her body was found floating in a storm runoff pond. Police have not yet identified suspects in the case.

BEN LEMPHERS/FOR METRO CANADA

Taser victim refused to drop knife: Police

DEATH The suspected thief who died after being Tasered by Winnipeg police was a cornered 17-year-old who refused orders to drop a knife, police said yesterday.

The incident began shortly before 4 p.m. Tuesday when two people spotted the teen allegedly stealing something from a vehicle behind a home in the city's west end. Police were flagged down and confronted the suspect.

"They encountered this male who was armed in the rear lane of a residence," said Const. Jacqueline Chaput of the Winnipeg Police Service. "They repeatedly

teen unidentified

- The victim wasn't named by police, but CTV Winnipeg quoted Sharon Shymko as saying it was her son Michael Langan.

requested that he disarm himself and drop the knife.

"The male refused to comply with that request and at that point the electronic control device was deployed."

The teen was taken to hospital in critical condition, Chaput said, and was pronounced dead there.

TORSTAR NEWS SERVICE

News in brief

SEALS The European Commission adopted proposals yesterday to ban the import of pelts from seals that have endured excessive suffering while being killed. Fisheries Minister Loyola Hearn said he expected the EU to begin discussions to ensure Canadian seal products would be exempted from any ban.

REUTERS

Arctic oil raises fears

Billions of barrels in North: Report

Developing the huge amounts of oil and natural gas reserves believed to be in the Arctic amounts to "playing with fire as far as nature is concerned," says the head of a Canadian citizens' group.

Tony Clarke, executive director of the Ottawa-based Polaris Institute, was commenting on yesterday's report by the U.S. Geological Survey (USGS) that estimated the area north of the Arctic Circle has 90 billion barrels of "technically recoverable" oil and 1,670 trillion cubic feet of natural gas. It was the first-ever assessment of the entire area north of the Arctic Circle.

This would amount to 13 per cent of the world's total undiscovered oil and about 30 per cent of the undiscovered natural gas.

The Arctic assessment, which also includes 44 million barrels of technically recoverable natural gas liquids, examined 25 defined areas thought to have po-

90 billion barrels of 'technically recoverable' oil available in the Arctic, according to an USGS report.

tential for petroleum.

Clarke takes issue with the prospect of massive Arctic development, stressing "before any steps are taken to exploit these resources, there must be serious thought given to ecological impact in the most sensitive area in the world."

"Before we can make decisions about our future use of oil and gas and related decisions about protecting endangered species, native communities and the health of our planet, we need to know what's out there," said USGS director Mark Myers.

Much of the energy reserves lie in waters where sovereignty is disputed among Canada, Russia, the United States, Norway and Denmark.

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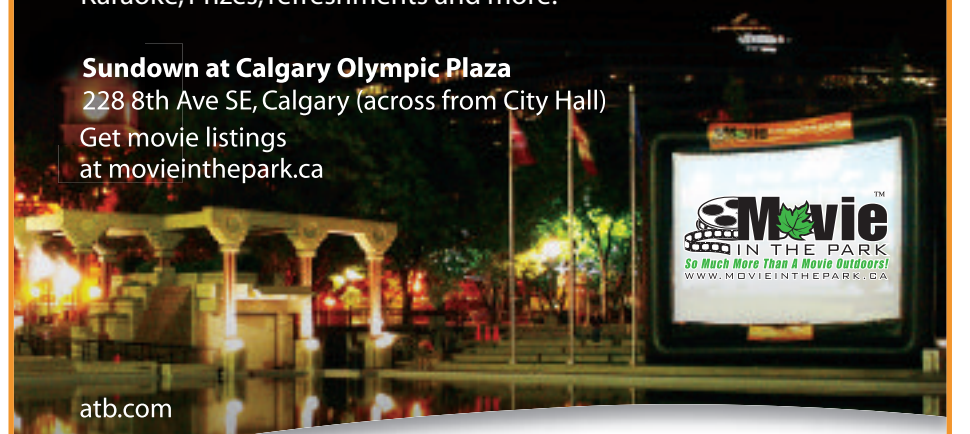
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The World Trade Organization marathon-running chief urged his staff yesterday to eat bananas to sustain themselves through long negotiating sessions — in which tariffs on the fruit are among the most contentious issues. **REUTERS**

World

"Let them curse me and I don't give a damn. I couldn't care less."

A lyric from France's first lady, Carla Bruni-Sarkozy, off her new CD which has shot to the top of charts in its first full-week of sales.



Pop stardom

Italian-born former model Carla Bruni has turned into a pop star since her whirlwind romance with President Nicolas Sarkozy, whom she married in February, less than three months after they met.

Karadzic to defend himself

Former Serb leader accused of genocide, war crimes

Radovan Karadzic will conduct his own defence at the Hague tribunal and is convinced he will be cleared of charges of genocide, relatives and associates of the war-crimes suspect said yesterday

Karadzic, leader of the Bosnian Serbs in the 1992-95 Bosnia war, was arrested in Serbia on Monday after 11 years on the run.

He was one of three remaining war-crimes fugitives from the Yugoslav wars, their arrest a condition for Serbia to move towards European Union membership.

He is now in a Belgrade prison awaiting extradition to The Hague, which could come this weekend.

Karadzic's lawyer in Ser-



Supporters of Partizan Belgrade wave a flag with Radovan Karadzic's picture during a friendly soccer match against Olympique Lyonnais in Belgrade yesterday.

bia, Svetozar Vujacic, said his client was in good mental and physical condition.

He was not talking to investigators, but "defending himself with silence."

"He is going to have a legal team in Serbia, but will defend himself during his trial at The Hague."

"He is convinced that with the help of God he will win."

Karadzic is twice indicted for genocide for the massacre of 8,000 Bosnian Muslims in the town of Srebrenica in 1995 and for the 43-month siege of Sarajevo.

Some 11,000 people died in the city from sniper fire, mortar attacks, starvation and illness.

Karadzic had wanted Serb areas of Bosnia to be linked to Serbia and other Serb-dominated areas at a time when Slobodan Milosevic was fanning nationalism in Serbia. **REUTERS**

U.S. candidates expected to reveal running mates soon

AMERICA After months of secrecy and intrigue, presidential rivals Barack Obama and John McCain are almost ready to unveil the winners in the vice-presidential sweepstakes.

In the next few weeks, both candidates will end the suspense of a cat-and-mouse selection game that has been conducted with rare discipline and infrequent leaks.

Democrat Obama is rumoured to be considering rival Hillary Clinton, but it is also thought he might



Barack Obama

turn to an ally and friend who heads a battleground state like Virginia Gov. Tim

Kaine Republican McCain appears ready to tap former Massachusetts Gov. Mitt Romney, who seemed to annoy him so often during their primary battle, but has since become a steady surrogate. **REUTERS**

News in brief

WEST BANK U.S. Democratic presidential candidate Barack Obama assured Israel yesterday he was a friend who would not press for peace concessions that threaten Israel.

Obama, seeking to allay wariness among some U.S. Jewish voters about his policy towards Israel, said he hoped to bring peace, but would not dictate the terms of a deal. **REUTERS**



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Bisphenol A not risk to human health: EU

The amount of a controversial chemical bisphenol A found in baby bottles is tiny and cannot harm human health, the European Union's top food safety body said yesterday reacting to recent health concerns. **REUTERS**

Flood fears from Dolly

Hurricane Dolly moved inland after tearing into the South Texas coast yesterday with 150 km winds, pouring torrential rain on the U.S.-Mexico border area and threatening floods.

Dolly, the second hurricane of the 2008 Atlantic hurricane season, dropped up to 12 inches of rain in the first few hours after coming ashore at the barrier island of South Padre Island, where it ripped off roofs, bent palm trees in half and left thousands of residents without power.

"The main hazard from this storm is probably going to be inland flooding," said John Nielsen-Gammon, official climatologist for the state and a professor at Texas A&M University.

The full effect of the flooding might not be seen for days as rain dumped by



A truck tries to cross a street flooded by Hurricane Dolly in Brownsville, Texas yesterday. Hurricane Dolly hit the south Texas coast leaving a path of destruction in its wake.

Dolly's inland march flows back down the Rio Grande to coastal areas, Nielsen-Gammon said.

Rain was falling as rapid-

ly as 4 inches per hour and the worst flooding could occur on the Mexican side of the border, he said.

REUTERS

Japan quake leaves 91 injured

POWER LOSSES A strong earthquake jolted northern Japan late yesterday, injuring at least 91 people, trapping hundreds in halted trains and temporarily cutting off electric power to thousands of homes.

The Japan Meteorological Agency said there was no threat of a tsunami from the quake, which struck with a preliminary magnitude of 6.8 and could be felt as far away as Tokyo.

6.8 The magnitude of the earthquake that hit Japan yesterday.

A National Police Agency official said that 91 people were confirmed injured, 15 of whom were seriously hurt. Many were injured in falls or suffered cuts from broken glass.

Earthquakes are common in Japan, one of the world's most seismically-active areas annually.

The country accounts for about 20 percent of the world's earthquakes of magnitude 6 or greater.

REUTERS

News in brief

IRAN NUCLEAR SITE Iran is set to receive an advanced Russian-made anti-aircraft system by the end of the year that could help fend off strikes against its nuclear facilities, senior Israeli defence sources

said yesterday. First delivery of the S-300 missile batteries was expected as soon as early September, one source said, though it could take six to 12 months for them to be deployed and operable.

HUGO CHAVEZ Venezuelan President Hugo Chavez vowed yesterday to work with Belarus, an ex-Soviet state long at odds with Washington, to defeat "hegemonistic" U.S. imperialism.

REUTERS

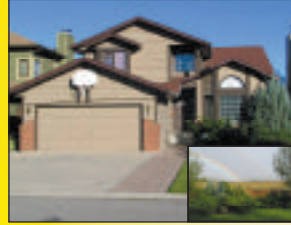
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metro Do it daily.

New York Mayor Michael Bloomberg and Microsoft co-founder Bill Gates pledged \$375 million US yesterday to fight what they called a global tobacco epidemic. The billionaires said the money would go to anti-smoking groups in developing countries. **REUTERS**

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Business in brief

LAWSUIT CIBC is facing legal action over investments tied to plunging U.S. subprime mortgages. A lawsuit alleges the bank did not disclose the extent of exposure, which artificially boosted its share price.

RADIO Once decried as a dying medium, the CRTC said revenues for Canada's radio stations grew by 6.2 per cent to \$1.5 billion in 2007. Profits improving 5.5 per cent to \$300.2 million. **METRO NEWS SERVICES**

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www.metronews.ca

Gas, food hikes kill wage gains

Soaring fuel and food costs caused consumer prices to shoot up in June — marking the largest surge in inflation in nearly three years and effectively erasing the bulk of wage gains earned by Canadians over the last year.

Statistics Canada reported that consumer prices rose by 3.1 per cent in the 12 months ending in June 2008. In contrast, average hourly wages rose 4.4 per cent during that same period, according to the federal agency's recent labour force survey.

Economists said that means Canadians are only being paid about 1.3 per cent more per hour than they were last year.

Food price hikes

- Baked goods, up 12.3%
- Pasta products up 35.9%
- Flour up 44.5%
- Bread up 17.7%

Statistics Canada said gasoline prices climbed 26.9 per cent between June 2007 and June 2008, which is "significantly higher" than the 15 per cent increase posted in May.

Canadians also shelled out 3 per cent more for store-bought food in June than in the same month last year, eclipsing May's 1.9 per cent increase. Prices for bakery products alone climbed 12.3 per cent. **TORSTAR NEWS SERVICE**

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Athletics

British triple jumper Phillips Idowu said yesterday he would keep his hair dyed red to bring good luck in Beijing. **REUTERS**

Beijing Games

SPECIAL FEATURES EDITOR: STEPHANIE BOMBA, STEPHANIE.BOMBA@METRONEWS.CA



Oakville, Ont., kayaker Adam van Koeverden, 26, will be carrying the Maple Leaf back into the stadium for the 2008 Beijing Games, it was announced yesterday.

Kayaker to carry flag

Van Koeverden, 26, will lead Team Canada into opening ceremonies

Kayaker Adam van Koeverden carried the flag in the closing ceremonies for Canada at the 2004 Athens Olympics. Now, he'll be carrying the Maple Leaf back into the stadium for the 2008 Beijing Games.

Van Koeverden was announced yesterday morning at a news conference in Montreal as Canada's flag bearer at the opening ceremonies at the Aug. 8-24 Beijing Summer Olympics. The Canadian team was officially announced yesterday

at two news conferences.

"I don't see it so much as leading but as representing," van Koeverden said via satellite from his local club in Oakville. "We're all marching in together. Everybody's a leader."

Judoka Nicolas Gill carried the Canadian flag at the opening ceremonies at the 2004 Summer Games in Athens. Hockey player Danielle Goyette was the Canadian flag-bearer at the 2006 Winter Games in Turin, Italy.

"I'm more than honoured and privileged. It fills me with so much pride to (carry the flag)," said van Koeverden. "I can't wait."

Van Koeverden had too strong a résumé to be ignored and was chosen over a group of other possible candidates that included equestrian Ian Millar of Perth, Ont., who at 61 is competing in a record-tying ninth Olympics; diver Alexandre Despatie of Montreal, an Olympic silver medallist and former

"I'm more than honoured and privileged. It fills me with so much pride to (carry the flag)."

Adam van Koeverden

world champion; and triathlete Simon Whitfield, the 2000 Sydney Olympic champion.

Van Koeverden will be Canada's best medal hope in Beijing, as the reigning Olympic and world champion, as well as world record holder in the men's K-1 500 metres. He has been a force on the World Cup this season, winning five of six races (three in the K-1 500, two in the K-1, 1,000), and capturing a bronze in the other K-1, 1,000.

The 26-year-old from the Burloak Canoe Club in Oakville, Ont., also has the kind of attitude that the COC is hoping will be instilled in athletes as they move towards the 2010 Vancouver Olympics and beyond. Asked about the pressure of competing for Canada, van Koeverden's response was: "Bring it on."

"You should be stressed out about racing for Canada," he said earlier this year. "People are watching. You should perform. It's your job to perform. It's your job to run 100 metres or throw a javelin or paddle a kayak."

Van Koeverden is well respected among his peers. Among those who were pulling for him to get the job of flag bearer was Clara Hughes, the only Canadian to ever win medals in both the winter and summer Olympics. She will likely be a top candidate for the honour at the 2010 Games.

"I think he is the perfect choice because he is an athlete not afraid to put himself on the line — anywhere, any time, against anyone," said Hughes. "There is this misconception about Canadian athletes that we are 'too nice' and sometimes I read things about Adam being brash, or cocky. I think he is fantastic."

"He says what most of us feel — that we want to be the best! His energy, drive and confidence is the perfect mix for the athlete leading the Canadian team into the Beijing Olympics."

TORSTAR NEWS SERVICE

Banned sprinter named to team

Katerina Thanou, banned for doping violations at the 2004 Olympics, has been included in Greece's squad for the Beijing Games but whether the sprinter will run remains to be seen.

With the deadline for qualifying set for yesterday, Thanou, who failed a drug test on the eve of the Athens Games, will have her place on the Hellenic Olympic Committee's squad confirmed.

"Since we have still not heard from her and the qualification deadline ends tonight with no contender for Thanou's 100m spot, she is included in our official Olympic team," an IOC official said yesterday.

Thanou is not the only formerly banned athlete to qualify. Hungarian discus thrower Robert Fazekas qualified Tuesday.

Police arrest Internet dissident

SECURITY Chinese police have arrested a prominent Internet dissident for violating his probation terms, a rights group said, as the country steps up a crack-down on dissent to ensure the Games go smoothly.

Du Daobin was arrested after being accused of posting articles on overseas websites and receiving guests without permission.

Water course may pose difficulty

KAYAKING A challenging white water course could pose serious problems for slalom canoeists and kayakers at the Games.

"We will find it very difficult to navigate ... on this wild artificial course," said France's Tony Estanguet. "On a stroke where I normally move two metres, I sometimes moved only 20 centimetres. The force of the water means you have to fight."

REUTERS

Tomorrow's lineup

FREE SPEECH Will the media finally enjoy the "complete freedom" Beijing organizers publicly promised? Pick up tomorrow's Metro for more.

14 days remain until the official start of the 2008 Summer Olympic Games in Beijing.

Canadian athletes named

The Canadian Olympic Committee also unveiled the team that will compete in Beijing yesterday.

Some 331 athletes will represent Canada compared to 265 who competed at Athens.

The COC says the addition of the men's field hockey and women's soccer teams have contributed to the increase.

Athletes representing Canada in Beijing include:

- Gold medallists Adam van Koeverden (kayak, K-1 500m, Oakville, Ont.) and Kyle Shewfelt (artistic gymnastics, floor, Calgary).

- Silver medallists Alexandre Despatie (diving, 3m springboard, Montreal), Marie-Hélène Prémont (cycling, cross-country, Quebec City), Karen Cockburn (gymnastics, trampoline, Toronto), Tonya Verbeek (wrestling, women's 55kg, St. Catharines, Ont.) and Jake Wetzel (rowing, coxless four in 2004, now a member of the men's eight, Saskatoon).

- Bronze medallists Emilie Heymans (diving, 10m synchro, now 10m platform, St. Lambert, Que.), Blythe Hartley (diving, 10m synchro, now 3m springboard, North

Vancouver) and Adam van Koeverden (K-1, 1,000m).

The 2008 Canadian Olympic Team also boasts several athletes with four or more Olympic Games to their name, including equestrian standout Ian Millar (Perth, Ont.), who will mark his world record-tying ninth Games; rower Lesley Thompson-Willie, of London, Ont., will compete in her sixth Games; and Edmonton native trap shooter Susan Nattrass will compete in her sixth Games.

For more information, go to olympic.ca.

METRO NEWS SERVICES

Cleaning tip Use a clean paintbrush to dust a pleated lampshade. Brush the dust onto the floor, then vacuum. HGTV.COM

Lifestyle **11**

House & Home



Bright idea

Change the look of a plain shade by painting the inside for a warm glow.

hgtv.com

Impressing your date

If you're serious about dating, take a good look at your home décor. Although you may not always realize it, the way you decorate your home makes a personal and revealing statement about yourself. And that is so true when it comes to bringing a date into your home for the first time.

While it is not the only factor that determines your success with that special someone, your home décor or a lack of it could spell the difference between goodbye after the first date, or a continued relationship. It can certainly enhance your first impression, or it can break it.

Let's start off with the living room, as your date will sit in this room. First

Arresting Design

Jeffrey Fisher & Tammy Schnurr



busted@arrestingdesign.com

of all, make sure the furniture isn't old or tatty.

It doesn't need to be high end, but make sure it is tidy and clean. Clutter, as always, is a no-no, because it produces agitation.

Keep in mind that student-like digs are fine for students, but if you are a young professional and you're looking to impress

the man or woman of your dreams, get rid of the beanbag chairs and blow-up furniture, and invest in a few stylish pieces.

The kitchen should be clean and uncluttered. And stock up on some lovely treats for your date — fresh fruit, chocolate, wine or other delicacies.

The bathroom must be spotless and uncluttered with all your grooming paraphernalia — need we say any more?

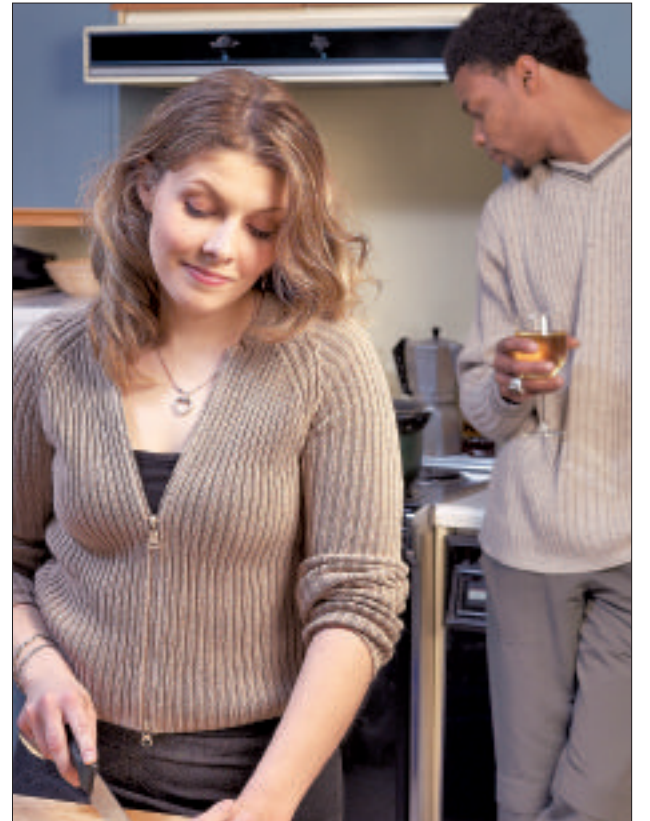
Finally, the bedroom. First of all, a bedroom should not look like a shrine to your youth. For example, a young woman who still keeps teddy bears on her bed, and has a pink ruffled bedspread seems, well ... young. And a young man who still has pictures

of superheroes on his wall does not seem like the kind of person who is ready to take on the responsibilities of adulthood.

Mementoes of your youth, like trophies, and high school awards and the like, should be displayed in a cabinet or shelf devoted to that purpose. But this should only be a small collection in a much larger room that has been decorated according to a larger theme or décor style.

Don't forget to choose gorgeous sheets and coordinating pillows — it's worth the splurge. Last but not least, do not forget to put away pictures of former girl or boyfriends.

Tammy Schnurr and Jeffrey Fisher are hosts of Arresting Design on W Network.



Your home's décor will make a lasting impression on your date.

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Warmth and moisture hasten decay. Refrigerate berries, but don't wash until needed. Then rinse gently and drain well. To freeze berries whole, rinse lightly, dry well. Arrange in a single layer and freeze until firm, then pack in plastic bags or containers. **METRO NEWS SERVICES**

Food

"Once you've had your fill of fresh berries, bake them into pies, muffins, cakes, cobblers or preserve in jams and jellies."

Barb Holland/for Metro Canada



EDITOR: NINA DRAGICEVIC, NINA.DRAGICEVIC@METRONEWS.CA

À la carte

Barb Holland



Metro Food Writer

Canada is the world's largest producer of wild blueberries, one of nature's true blue foods. There are two basic types of blueberries: The smaller 'wild' low bush berries and the larger high bush 'cultivated' berries. While opinions differ, I think the smaller 'wild' berries have a more intense flavour and bake better than the larger cultivated blueberries. Whatever type you pick or buy, both are delicious, wonderfully healthy and now's prime time to enjoy them.

Blueberry Breakfast Bread Pudding

This can be served for

breakfast, brunch or dessert. Make the egg-bread mixture the night before. In the morning while the oven is preheating, add berries and bake. Makes 6 servings.

INGREDIENTS:

4 eggs
2 tbsp (30 mL) sugar
1 tsp (5 mL) vanilla
1-1/2 cups (375 mL) milk
4 day-old croissants
1-1/2 cups (375 mL) fresh blueberries, divided
1/4 cup (60 mL) brown sugar
Icing sugar and/or maple syrup

METHOD:

Whisk eggs, sugar, vanilla and milk together. Cut croissants into 1-1/2 inch (4 cm) pieces. Press pieces into mixture, pushing un-



Blueberries are delicious, wonderfully healthy and now's prime time to enjoy them.

der liquid. Cover and refrigerate 2 hours or overnight.

Preheat oven to 375F (190C). Butter an 8-inch (20 cm) square baking dish.

Gently add 1 cup (250 mL) blueberries to bread mixture; spoon into dish.

Sprinkle with brown sugar and bake until puffed and bubbly, 30 to 35 minutes. Let stand 10 minutes before serving. Serve warm with remaining berries, icing sugar and/or maple syrup.

Blueberry tips:

• The Pick of the Crop: Choose blueberries that are plump and brightly coloured, as berries do not ripen after they have been picked. Blueberries will be deep blue, dusted with a silvery frost. Size is not an indication of ripeness but

colour is, so steer clear of blueberries that are still red. Likewise, pass over any berries that are shrivelled, mouldy or if their boxes are stained with berry juice, all indications that the berries are past their prime.

• Good for you: Blueberries are a good source of fibre and have a high level of anthocyanins in the blue pigment, an antioxidant beneficial in fighting the effects of aging, heart disease and cancer. One cup (250 mL) blueberries has only 86 calories and supplies about 23 per cent vitamin C and 14 per cent fibre of our recommended daily requirements.

Barb Holland is a professional home economist and food writer who believes in shopping locally and in season.

Breakfasts, brunch, inn-style

Sylvia Main's Fairholme Manor Inn in Victoria, B.C., inspired *Fabulous Fairholme: Breakfasts and Brunches*, a cookbook that reflects the elegant hospitality and lifestyle guests enjoy while staying at Sylvia's award-winning inn. Whitecap Books offered Metro the following decadent recipe from the book to give you something to look forward to in the morning:

Baked Raspberry French Toast

This recipe can be made with brown rice bread instead of Italian bread, for gluten-free diets.

INGREDIENTS:

• 4 slices day-old Italian bread, cut into
• 1/2" cubes
• 1/2 cup fresh or frozen raspberries or blueberries
• 2 ounces cream cheese, cut into 1/2" cubes
• 3 eggs
• 1 cup milk
• 1 tablespoon maple syrup
• 1/4 teaspoon poppy seeds

METHOD:

The night before: Grease two 8-ounce ramekins or large muffin tins. Line bottom half of tins with bread cubes. Cover with raspberries or blueberries and cream cheese

cubes and top with remaining bread. Mix eggs, milk and syrup and sprinkle with poppy seeds. Pour mixture over bread, cover and let soak overnight in refrigerator.

In the morning:

Bake at 350°F for 25-30 minutes or until puffy and golden. Remove French toast from ramekins and top with Berry Compote or Lemon Sauce.

Berry Compote:

INGREDIENTS:

• zest and juice 1 lemon
• 1 tablespoon water
• 4 cups fresh or frozen berries
• 1 tablespoon maple

syrup

• 1/8 teaspoon cinnamon

METHOD:

Combine all ingredients in a saucepan and simmer over medium heat until berries begin to break down and sauce starts to thicken. Serve over French toast.

Lemon sauce:

INGREDIENTS:

• 1 egg
• 3/4 cup sugar
• 4 tablespoons lemon juice
• zest 1 large lemon
• 1 tablespoon butter

METHOD:



Fabulous Fairholme: Breakfasts and Brunches by Sylvia Main is available in hardcover at Amazon.ca for \$18.87 and includes this recipe, above, for Baked Raspberry French Toast.

Whisk together first four ingredients and cook over low heat, stirring constantly.

After sauce begins to

thicken, stir in butter just to combine. Serve warm over French toast as an alternative to the berry compote.

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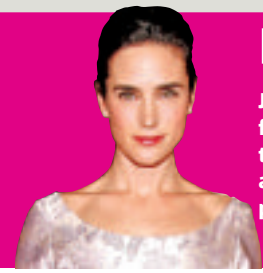
Love gets sued over publishing rights

A business management and accounting firm has sued rocker Courtney Love for failing to fork over a percentage of the proceeds after selling a portion of Nirvana's publishing rights for \$19.5 million US, E! News Online reports. **METRO NEWS SERVICES**

13

Entertainment

EDITOR: TINA.COSTANZA, TINA.COSTANZA@METRONEWS.CA

**Revlon's face**

Jennifer Connelly is the latest face of Revlon's global advertising campaign. The actress also plans to front Revlon's philanthropic activities.

PEOPLE.COM

A humble life for Canning

Broken Social Scenester says solo effort is released one year late

BRIAN TOWIE
Metro Canada

Though he may not have the sensationalist surrealism of Big Brother, Brendan Canning doesn't mind inviting you into his modest world.

The bass-playing Broken Social Scene co-founder and former member of 1990s Canadian alt-rock group hHead recently finished recording his solo album, *Something For All Of Us* (release Tuesday), the second project under the Broken Social Scene Presents moniker that showcases individual work — as individual as it gets with them, anyway — from the Toronto-based indie collective's members.

Much like the group's previous side projects, BSS alumni contributions (co-founder Kevin Drew, Andrew Whiteman, Justin Peroff, Ohad Benchetrit, the gang's all here) are ubiquitous on Canning's diverse album, and in the same vein as Whiteman's *National Anthem* of *Nowhere* under the Apostle of Hustle brand, production was meticulous and slow-moving, so much so that *Something For All Of Us* came out one year late.

Canning's opus was to coincide with the release of the other existing BSS Presents title, Drew's *Spirit If...*, which dropped last September, though an ear-



PHOTO COURTESY OF CANVAS MEDIA

Broken Social Scene co-founder Brendan Canning's solo album *Something For All Of Us* was released on Tuesday.

lier version of Canning's album leaked online in June.

"I've never been the greatest at making deadlines," laughs Canning, 38. "I wasn't surprised about the leak either. I just was-

n't happy with the minute details of some of the songs, so I spent a lot of time touching them up for store releases. If you got the online version, you don't get to go out to your local record store and sup-

port the music. But then, what's that all going to mean 100 years from now, really?"

But while Drew kept his effort under lock and key, Canning was quite open to revealing his process, al-

"I wasn't surprised about the leak ... I just wasn't happy with the minute details of some of the songs, so I spent a lot of time touching them up for store releases."

Musician
Brendan Canning

lowing Bruce McDonald, director of 1996 mockumentary *Hard Core Logo*, into the studio to film the closing days of Canning assembling his diverse array of driving bassy undercurrents and unpretentious bangers, such as single *Hit the Wall*. Titled *The Raw Side Of Brendan Canning*, the documentary is tentatively set to air on IFC in the fall.

"It's weird having a camera crew around when you're trying to record. You get self-conscious, but Bruce and I have worked before. We're friends and he's very respectful," he said.

"I guess I could have gotten myself arrested or drugged up or angrily smashed stuff to make better television, but I let it be.

"What can I tell you? It's an unapologetic look at the humble life of a musician in the middle class suburbs."

Anchorman sequel in the works



Farrell

MOVIES It looks like Will Ferrell and Adam McKay, the brains behind *Anchorman*, are ready to put the sexist,

freewheeling newscaster back in the anchor chair, ew.com reports.

McKay has said he and Ferrell have begun work on a sequel that could jump ahead a decade to the '80s.

DreamWorks says it hasn't yet talked to the duo, but that doesn't mean Ferrell and McKay aren't dreaming up inappropriate new plots. "The audience will now allow us to do even crazier stuff," McKay said.

METRO NEWS SERVICE

Hulk's son to stay in adult prison

SENTENCE Hulk Hogan's son Nick Bollea is set to spend the rest of his prison sentence in an adult facility, and will be transferred on his 18th birthday. The former wrestler's son is serving an eight-month sentence at Florida's Pinellas County Jail, after pleading no contest to a felony of reckless driving, imdb.com reports.

METRO NEWS SERVICES

In brief

VIDEO GAMES Teen movies *Clueless*, *Mean Girls* and *Pretty In Pink* are set to hit the video game market, imdb.com reports. Hollywood Studio Paramount is creating the games.

METRO NEWS SERVICES



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Grammy-winning singer-songwriter Pink has announced plans to release a fifth, as-yet-untitled, studio album Oct. 28. The debut single, So What, is due out in early August. **E! NEWS ONLINE**

DMX accused in hospital fraud

Rap star DMX has been indicted in Arizona on charges that he used a false identity to try and avoid paying medical expenses incurred during a hospital visit, prosecutors said on Tuesday.

A spokesman for the Maricopa County Attorney's office said a grand jury has charged DMX, whose real name is Earl Simmons, with one count of theft and one count of taking someone else's identity.

Mike Scerbo said the felony indictment stemmed from a visit Simmons made to the Mayo Clinic in Scottsdale, Arizona, in April during which he gave his name as Troy Jones, allegedly to avoid paying for treatment.

The indictment is the latest in a string of tangles with the law for the 37-year-old rapper, who was nabbed by police at a Phoenix shopping mall last Saturday on a warrant.

Earlier this month, Simmons was arrested at a Phoenix airport for failing



DMX

to appear in court, failure to pay fines and driving without a licence.

The rapper, who has a home outside the city, was arrested in Arizona in May on suspicion of drug possession and animal cruelty after searches of his home allegedly turned up weapons, drugs, dog carcasses and abused pit bulls.

While he is best known as a rapper, DMX has also acted in several movies including *Romeo Must Die* and *Exit Wounds*. **REUTERS**

Brendan Canning

Album: Something For All Of Us

Label: Arts & Crafts

Release date: July 22

Rating: ⓈⓈⓈⓈ

THERE'S SOME- line between noise and art. Brendan Canning has enjoyed walking that line with Toronto's Broken Social Scene. Now he's drawing the line a little finer with his solo debut. He pulls it off successfully with the help of a strong contingent of BSS friends such as guitarist Andrew Whiteman and keyboardist/bassist Kevin Drew and singers Amy Millan and Lisa Lobsinger. When you've got somebody like Whiteman playing guitar for you, even the noise sounds good.

Graham Rockingham

She & Him

Album: Volume One

Label: Merge

Release date: July 22

Rating: ⓈⓈⓈⓈ

ACTORS HAVE been dabbling in music for decades, but almost no one has done it as well as Almost Famous actress Zooey Deschanel. Playing under the moniker She & Him, Deschanel teams up with Merge's M. Ward and together they've created a stunning alt-country debut. This is Not A Test is one of the best songs here — it sounds straight out of '70s Nashville — but some of the duo's covers, including The Beatles' I Should Have Known Better, are interesting as well. Russell Crowe better be taking notes.

Bryan Borzykowski

CDReviews

music@metronews.ca

Dr. Dog

Album: Fate

Label: Park the Van Records

Release date: July 22

Rating: ⓈⓈⓈⓈ

PHILADELPHIA'S DR. DOG displays a fascinating meld of influences on Fate. The quirky vocal harmonies and unique instrumentation on this 11-track disc sometimes harken back to Big Pink-era The Band. In some ways, Fate is defined by Zach Miller's old-west piano stylings. Not that it's all throwback or country — the funky touches come as a welcome surprise, and quite naturally. And who knew strings could swing? **Jim Reyno**

Black Kids

Album: Partie Traumatic

Label: Red Ink/Sony BMG

Release date: July 22

Rating: ⓈⓈⓈⓈ

THE BUZZ around Jacksonville's Black Kids has been steadily growing since their CMJ appearance last year, but it's only now that all the hype gets put to the test. Fortunately, their debut disc delivers. Partie Traumatic is an uplifting, frenetic rock record that recalls '80s-influenced boy-girl bands like the GO Team! and The Ting Tings. While the disc isn't perfect — it's a bit too heavy on the synth — its infectious hooks and energetic songwriting should impress even the most jaded indie rock fans. **Bryan Borzykowski**

Buddy Guy

Album: Skin Deep

Label: Silvertone/Zomba /Sony BMG

Release date: July 22

Rating: ⓈⓈⓈⓈ

BUDDY GUY IS pretty much the greatest living practitioner of electric blues guitar in the world (I use the qualifier "pretty much" out of respect to B.B. King fans). There's only a few who come close, including Eric Clapton, Derek Trucks and Robert Randolph. Luckily all three are featured on Guy's latest guitar feast, Skin Deep. The duet with Clapton on Every Time I Sing The Blues is spine-tingling good. **Graham Rockingham**

The Midway State

Album: Holes

Label: Remedy/EMI

Release date: July 22

Rating: ⓈⓈⓈⓈ

WHINY EMOTIVE pop-rock from Montreal that's sure to capture the hearts of first-year college kids about to leave first loves behind for a new life on campus. There's strong craft beneath the derivative goop, however, and the voice of Nathan Ferraro is strangely appealing. That may

be just enough to set this foursome apart from the radio pap. There's five or six tracks on this album that are guaranteed to garner a lot of downloads.

Graham Rockingham

Miley Cyrus

Album: Breakout

Label: Hollywood Records

Release date: July 22

Rating: ⓈⓈⓈⓈ

HAVE YOU EVER wanted to just ... break-out! Have you ever felt like, I don't know, doing your homework after supper instead of immediately when you get home from school? Such is the good-girl angst of Miley Cyrus. The 15-year-old megastar co-wrote eight of the 12 tracks on Breakout — inoffensive and forgettable kiddie pop, edgy like sugared cereal. Cyrus has the pipes, though. She's said she wants to grow up with her audience, and she just might.

Breakout is the new album from teen star Miley Cyrus.

GETTY IMAGES PHOTO

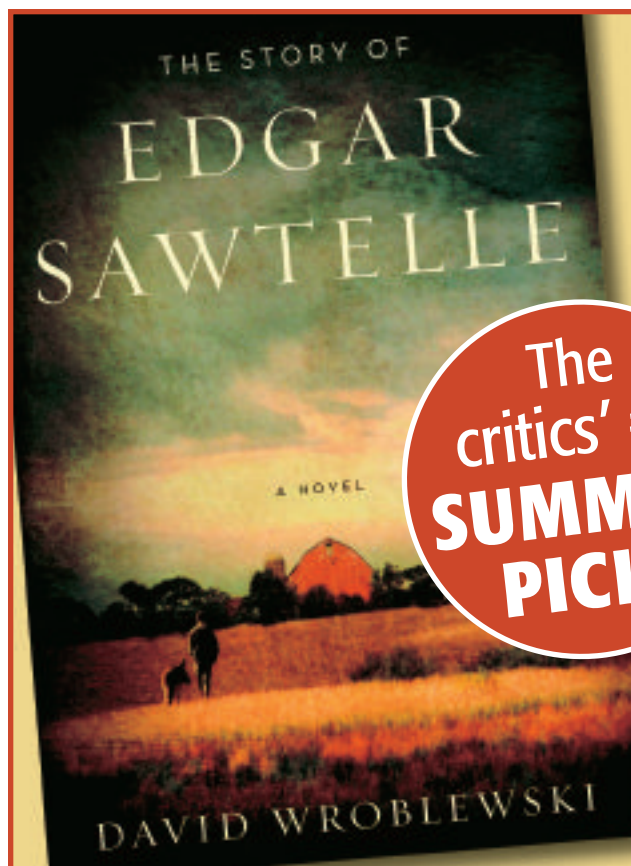
Entertainment in brief

MUSIC Oasis has blamed the England football team for delaying the release of its new album, female-first.co.uk reports.

Dig Out Your Soul was originally set for a summer release, but was put back to October so the band could watch the European

Championships — only for England not to qualify for the finals. "We decided to keep June, July and August free to support England in the European Championships and of course look what f—g happened," guitarist Noel Gallagher said.

METRO NEWS SERVICES



The critics' #1 SUMMER PICK!

"I flat-out loved *The Story of Edgar Sawtelle*." —Stephen King

"The most enchanting debut novel of the summer... a great, big, mesmerizing read." —The New York Times

"I relished every minute of it." —The Globe and Mail

"The dog days of summer are nigh, and here is a big-hearted novel you can fall into, get lost in and finally emerge from reluctantly." —Washington Post

"An epic story full of magic and secrets, understanding and truth... the sort of story that will envelop you and hold you, cocooned away from time and kids and deadlines." —Montreal Gazette

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Film probes aftermath of London bombings

A film inspired by the 2005 London suicide bombings that killed 52 people explores the mistrust they stoked between communities and how Islamist radicals threatened to drown out the voice of moderate Muslims.

Shoot on Sight, starring Greta Scacchi, is set in London just after the July 7 bombings and follows the story of a Muslim police officer thrust into the limelight when a Muslim man is mistaken for a bomber and shot dead.

Tariq Ali, played by Indian actor Naseeruddin Shah, finds himself caught between police officers who are prejudiced against him because of his race and religion and a Muslim community that shuns him for betraying them.

"They don't trust him in the department because he is a Muslim and they don't trust him at the mosque because he is a police officer," director Jagmohan Mundhra said ahead of the film's release in Britain on Aug. 22.

"I have always admired British society for being the most tolerant. It's not just lip service, they have actually done it," Mundhra said.

"Then the actions of a few suddenly start causing this chasm. It becomes us versus them, and I think all these years of blending, suddenly comes to naught."

Mundhra, an Indian Hindu, was in London at the time of the attacks on the underground train system and a bus, and noticed how people's attitude to him changed because he was assumed by many to be a Muslim from South Asia.

Later the same month, a Brazilian man mistakenly believed to be a suicide bomber was shot dead by police. Mundhra used the incident as a trigger for his thriller.

He denied the film, the first feature to deal with the July 2005 events, was insensitive to victims. "I feel that you can't be an ostrich in the sand, you cannot ignore what is happening in society."

REUTERS

"Then the actions of a few suddenly start causing this chasm."

Director Jagmohan Mundhra

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« WIRELESSWAVE »

Heads up, halfway-hip parents

Here are three great ways for you to entertain your family this weekend



Kids are like speed freaks, always wanting more, more, more ... entertainment.

Here's the problem for halfway-hip parents not yet hypnotized by Suburbia: Most little people activities are painfully boring.

In my family of two, the one who usually ends up whining "Can we go now!" isn't the four-year-old. So I've become somewhat of an expert in G-rated activi-

ties with suitable adult content.

Here's my top three list for the upcoming weekend:

1. Calgary Folk Music Festival: My daughter was 2½ at her first festival. She fell asleep on a tarp.

"You're not missing this," I said, nudging her awake at 10 p.m. when Kris Kristofferson hit the stage. (I hope no one from Child Intervention Services reads this.)

Build your own similarly touching memories at Folkfest this weekend, starting tonight with Aimee Mann and Sam Roberts.

There's a kid's section with crafts, dancers and other age-appropriate performers throughout the weekend.

But I'd expose them to real music now. Did you ever hear a well-known musician site Bubbles the Singing Clown as an early influence?

"As for you D.I.N.K.s, I gave you three ways to avoid a bunch of bratty kids."

Tickets for certain days are still available at www.calgaryfolkfest.com. And kids under 13 are free when they're with an adult.

2. Art Gallery of Calgary: Some crafty gallery folks found a way to make contemporary art relevant to kids.

No, seriously. They're giving guided family-focused tours this Saturday, and there's even a craft and scavenger hunt.

"It's easier for the kids to look at art when they're looking for something," says gallery educator Jaime-Brett Sine.

That goes for their parents, too. The gallery is located on eighth Ave and the event costs \$5 per fam-

ily. Visit www.artgallerycalgary.org.

3. The Nail Spa: Yup, the princess gets polished while the queen sits for a pedi. Of course, this one probably only works for fabulous Yummy Mummies and their little girls. Gee, I wonder if I know any.

Try Urban Venus Nailbar on 11th Ave or Crystal Nails on Macleod Trail. They're both great for mani/pedi work with or without kids.

As for all you D.I.N.K.s, I just gave you three ways to avoid a bunch of screaming, bratty kids this weekend. I'm so jealous.

Please send your family-friendly comments to www.slickcity@metronews.ca.



Enjoy your manicure while while your princess gets a pedi.

CA	Vu	SC	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
7/24/08	267	351	- ACCESS	Law & Order: Criminal Intent	Stargate SG-1 "Origin"	Missing "Mr. Nobody"	Grey's Anatomy	Help TV			
	243	317	3 CFCN	eTalk	Jeopardy! (N)	Law & Order: Criminal Intent	CSI: Crime Scene Invstgtn.	So You Think You Can Dance	News (N)		
	-	-	4 BROAD	(4) Broadcast News News.	Broadcast News News.						
	-	371	5 KXLY	4 News at 6	4 News at 6:30	Entertainment	The Insider (N)	Ugly Betty (HDTV)	Grey's Anatomy	Hopkins	
	245	306	6 CBRT	MLS Soccer Pepsi All-Star Game --	MLS All-Stars vs. West Ham United.			Countdown to	CBC News: The National	The Hour	
	244	338	7 CICT	ET Canada	Entertainment	Swingtown "Puzzlerama"	Last Comic Standing (N)			News Hour	
	246	-	8 CKAL	Friends	Friends	Hopkins (HDTV) (N)	Ugly Betty (HDTV)	Biography		Your City	
	119	705	9 CBXFT	Des squelettes	La Mosquée	Perdus "La Cabane" (SC)	Bons baisers de France (SC)			TJ Alberta	
	-	-	10 SHAW	(6) Local Programming					Local Programming		
	-	372	12 KREM	News (N)	Hollywood	Friends	Scrubs	Greatest American Dog	CSI: Crime Scene Invstgtn.	Swingtown (N)	
primetime	-	374	14 KSPS	NewsHour With Jim Lehrer	Pioneers of Television	Sherlock Holmes Mysteries	Globe Trekker (DVS)			Soundstage (N)	
	502	390	15 CBC	CBC News: The National	The Nature of Things	CBC News: The National	CBC News: The National			Nature-Things	
	-	370	16 KHQ	News (N)	Raymond	Jeopardy! (N)	Wheel-Fortune	Last Comic Standing (N)		Fear Itself (N)	
	-	373	22 KAYU	'70s Show	The Simpsons	Two/Half Men	Two/Half Men	Smarter Than a 5th Grader?	So You Think You Can Dance	News (N)	
	297	652	37 WPIX	Supernatural (HDTV)	CW11 News at Ten	Two/Half Men	Friends	Sex and-City	Will & Grace	Frasier	
	500	500	29 CNN	CNN Presents "Black in America: Black Women & Family" (N)		Anderson Cooper 360	CNN Presents: Black in America				
	508	502	31 CNN2	Glenn Beck	Nancy Grace	Showbiz Tonight	Glenn Beck			Nancy Grace	
	400	400	21 TSN	CFL Football Calgary Stampeders at Winnipeg Blue Bombers.		ATP Tennis U.S. Open Series -- Rogers Cup -- Day 4. From Toronto.					
	408	418	27 net	(6) MLB Baseball Florida Marlins at Chicago Cubs. (Live)		Saturday Night Poker	Sportsnet Connected			Best-Sports	
	410	403	30 SCORE	Hardcore Champ. Fight	Score Update	Stump-Schwab	Score Update	Score Update		Score Update	
news	411	457	44 OLN	(6) Cycling Tour de France Stage 18.		Don't Forget Your Passport	Cycling Tour de France Stage 18.				
	417	406	48 SPEED	Pinks -- All Out (HDTV) (N)	Wrecked (N)	Wrecked (N)	Pinks	Pass Time	Pinks -- All Out	Pinks -- All Out	
	552	543	20 YTV	Drake & Josh	H2O, Just Add	Malcolm-Mid.	Prank Patrol	Fries That?	Futurama	Prank Patrol	Mystery Hnt.
	557	541	39 FAM	Zoey 101	Life Derek	That's-Raven	Smart Guy	Zack & Cody	Natural-Sadie	Han. Montana	Life Derek
	555	545	67 TOON	6teen	Johnny Test	George-Jungle	Merrie Melody	Loonatics	6teen	Total Drama	Futurama
	575	583	11 CMT	Reba	Hope & Faith	Home Improve.	Roseanne	Dedicated (N)		Reba	Hope & Faith
	553	546	17 TREE	Little Bear	Miss Spider	Big Comfy	Rolie Polie Olie	Beren. Bears	Dragon (DVS)	Backyardigans	Dora-Explorer
	-	-	18 CHTV	'70s Show	E! News	Final 24 Marvin Gaye.	Greatest American Dog			Fear Itself "Community"	News (N)
	505	398	19 TWN	(5) EarthWatch One		EarthWatch One	EarthWatch Two				
	602	568	23 W	Shopping Bags	House	Will & Grace	Friends	Divine Design	House	Confidential	Save Us-House
family	521	560	24 TFC	American Chopper (HDTV) (N)		Miami Ink (HDTV) (N)		American Chopper (HDTV)		Miami Ink (HDTV)	
	603	561	25 FLOD	Unwrapped	Unwrapped	Secret Life of	Secret Life of	Ace of Cakes	Ace of Cakes	Iron Chef America	Unwrapped
	615	520	26 A&E	The First 48 (HDTV)		The First 48 (HDTV)		Crime 360 (HDTV)		The First 48 (HDTV)	
	617	522	32 SHOW	Trailer Park	Billable Hours	ReGenesis "Talk to Him"		Intelligence		G-Spot	Exes & Ohs
	601	562	33 SLICE	Last 10	Bulging Brides	The Biggest Loser		Rich Bride, Poor Bride		Last 10	Bulging Brides
	-	633	34 ENC2	Honkytnk Man	(7:20) Fallen Knight ★ (1998, Horror)			The Cowboy Way ★★ (1994, Comedy)	Woody Harrelson.		The Cowboys
	520	505	35 DISC	UFO Stories		MythBusters		Daily Planet		Sport Science	UFO Stories
	620	523	36 BRAVO	(6) Runaway Jury (2003, Suspense)		Timestorm		Law & Order "Survivor"		Without a Trace	Entourage
	294	650	40 WPCB	(6) Van Helsing ★★ (2004, Fantasy)		Frasier	Seinfeld	Frasier		Van Helsing ★★ (2004, Fantasy)	
	626	547	41 COM	Laughs	Comics!	Air Farce	22 Minutes	Laughs	Rick Mercer	The Simpsons	South Park
cable variety	-	539	42 TCM	(6) G-Men	Confessions of a Nazi Spy ★★★ (1939, Drama)				Walk East on Beacon (1952, Suspense)		Walk-Crooked
	628	584	43 SPIKE	TNA IMPACT! (N)				UFC Unleashed		MANswers	Factory (HDTV)
	522	516	45 HIST	Disaster-Cent.	Masterminds	NCIS "Mind Games"		Bloody Italy		Bloody Christmas - Ortona	NCIS
	627	528	46 SPACE	The Triangle "Part Two" (Part 2 of 3)				Stargate SG-1		Star Trek: Voyager	Star Trek: Ent.
	-	-	47 AMC	(6) My Cousin Vinny ★★★ (1992, Comedy)		The Usual Suspects ★★★ (1995, Suspense)	Stephen Baldwin, Gabriel Byrne.				Firestarter
	619	525	49 TROP	Tube Tales	Vanity Insanity	Inside Hollywood (DVS)		ET Canada	What Happen?	Family Guy	Seinfeld
	600	564	50 HGTV	The Fix	Disaster DIY	Junk Brothers	The Big Flip	Holmes on Homes		Restaurant Makeover	The Fix
	501	391	52 CTV	CTV Newsnet		News	CTV Newsnet	News	CTV Newsnet	News	News
	504	508	70 BNN	Taking Stock		Market Call		Business News		Market Call	Strictly Legal
	526	507	92 CLT	(6) Recipe for Revenge		Traders		The West Wing		The District "a.k.a."	Recipe-Revnge

critics'corner

Ugly Betty
Talk about picking the wrong person to pick on! Wilhelmina's (Vanessa Williams) effort to shake her "mean girl" image suffers a setback when she scuffles with an elderly woman over a cab. Not just any elderly woman — beloved octogenarian actress Betty White (guest starring as herself). The other Betty (America Ferrera) agrees to an unusual double date in "Bananas for Betty." 9 PM on CKAL KXLY



Fear Itself
Home not-so-sweet home. A couple (Brandon Routh, Shiri Appleby) who recently moves thinks they have found the perfect idyllic neighborhood. What they don't realize is just how far the other residents will go to keep up appearances. Written by Kelly Kennemer, the new episode "Community" also stars John Billingsley and Bonita Friedericy. 10 PM on CHTV

Whedon to shake up Dollhouse

TELEVISION Ever since Fox canceled Joss Whedon's 2002 series Firefly, fans have groused that the network sabotaged the show's chances by airing its episodes out of sequence.

Now Whedon himself is shaking up the order of his midseason Fox series Dollhouse.

The creator of Buffy the Vampire Slayer is shooting a new prequel episode to serve as the show's pilot. Whedon said he opted to craft a new introduction to the series after meeting with Fox executives, who expressed concerns about the accessibility of the first episode.

Ready for more Freddy Krueger?

MOVIES Freddy Krueger is coming back to haunt the big screen. New Line Cinema has hired veteran scribe Wesley Strick (Arachnophobia, Cape Fear) to help relaunch the Nightmare on Elm Street franchise.

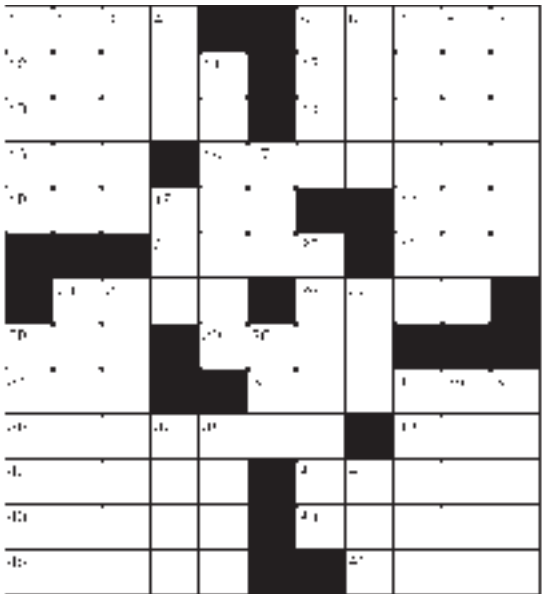
The original Nightmare was written and directed by Wes Craven in 1984. It created one of the most popular villains in screen history.

Dudek expecting

Former House actress Anne Dudek, right, is expecting her first child with artist husband Matthew Heller. She showed off her bump for the first time at the premiere of Season 2 of her new show Mad Men in Los Angeles recently. [IMDB.COM](#)



Take Five



Crossword down

- 1 Beach crawlers
- 2 Cube creator
- 3 Suspect's story
- 4 Unite
- 5 Shepard and Neill
- 6 Novel idea
- 7 "It's my treat!"
- 8 "Great Expectations" girl
- 9 Unwavering
- 11 Vestige
- 17 "Gross!"
- 19 Writer Levin
- 22 Say angrily
- 24 Practiced for a bout
- 25 Tarmac activity
- 27 "— Believer"
- 28 Patsy

- 30 For fun, for short
- 33 Singer Frankie
- 34 Cuzco people
- 35 Stressful type, for short
- 37 Nick's wife
- 38 Rare bird
- 42 Huck's pal

Play more games online at [metronews.ca](#)

Crossword across

- 1 Gullet
- 5 Moles, e.g.
- 10 Monarch
- 12 Hollywood's elite
- 13 Tolerate
- 14 Three-card game
- 15 Shirt protector
- 16 Like some TV
- 18 Aspen activity
- 20 Evil
- 21 Cheering cries
- 23 Crafty

- 24 Sax great Getz
- 26 Falafel holder
- 28 Masseur's place
- 29 Prune
- 31 Price addition
- 32 And others
- 36 Venezuelan river
- 39 Tiny worker
- 40 Hunter overhead
- 41 City on the Mohawk
- 43 Film category
- 44 Sound-related

- 45 Mystery award
- 46 Clutter

previous day's answer



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STICKELERS
by Terry Stickels

Using four 4's only and any math symbols and/or operations, can you come up with the answer of 64? A square root sign is acceptable.

Here's one answer:

$$\frac{4! + (4 \times 4)}{4}$$

Can you find at least one other answer?

Yesterday's Answer

"The first principle is that you must not fool yourself and you are the easiest person to fool." — Richard Feynman

INSTRUCTIONS:

The digits 1 through 9 will appear exactly once in each row, each column, and each zone. (A zone is an outlined 3x3 grid within the larger puzzle grid. There are nine of these zones in the puzzle.) Do not enter a digit into a box if it already appears elsewhere in the same 3x3 zone, or in the same row across the puzzle, or column down the puzzle.

previous day's answer

2	8	9	1	5	7	3	4	6
6	5	3	9	8	4	7	1	2
4	1	7	6	3	2	5	9	8
5	2	1	4	7	6	9	8	3
3	6	8	5	2	9	4	7	1
9	7	4	8	1	3	6	2	5
1	3	5	7	4	8	2	6	9
7	9	2	3	6	1	8	5	4
8	4	6	2	9	5	1	3	7

SOLVE TIME IN MINUTES:

- Under 13 Genius
- 13-17 Scholar
- 17-21 Smart

- 21-25 Not bad
- 25+ Keep practicing

Horoscopes

AVATAR VENUS

ARIES

MARCH 21-APRIL 20

An unfair situation will be revealed. Self-indulgence will have a certain appeal. Allow yourself to develop stronger willpower.



TAURUS

APRIL 21-MAY 21

Adjustments will have to be made. A lost object is under a car. Be ready for shocking disclosures. Gossip will clarify strange reactions.



GEMINI

MAY 22-JUNE 21

Socializing will get complicated. A false story wipes out some plans. Don't get bent out of shape over a fiasco.



CANCER

JUNE 22-JULY 22

A lucky occasion arises for a heart in waiting. Bad timing causes a woman to spill the beans. A better place will be found for you.



LEO

JULY 23-AUG 23

An embarrassment is diminished by a cheerful player. A visitor makes a scary mistake. Old folks are stunned by false friends.



VIRGO

AUG 24-SEPT 22

An odd friend will get down and dirty. You'll find peace of mind in a bad state of affairs. Your friendships will bring good luck.



LIBRA

SEPT 23-OCT 23

Be gracious to someone who needs your support. All will go well if you give it a chance. Plan to meet and meddle with the right person.



SCORPIO

OCT 24-NOV 22

Follow your dreams to make things right. An offer is made and refused. An idiotic scandal breaks out due to obedience.



SAGITTARIUS

NOV 23-DEC 21

An adventure will give you giggles. An obstacle will be triumphed over. A humane visitor will you some bizarre advice.



CAPRICORN

DEC 22-JAN 20

Bondage to a bad habit can be broken. When boredom sets in, you'll wish you had a hobby. Be prudent, cautious, and brave.



AQUARIUS

JAN 21-FEB 18

Someone's passion causes euphoria. All will be well between new partners. A love chat flourishes despite shyness.



PISCES

FEB 19-MAR 20

A defiant person will be punished. Dedicate yourself to eating in moderation. A lover's quarrel will be blown out of proportion.



1			7		8			
8	3						5	6
	4			2		1		
	9		3	5				1
		3				4		
2				4	6		9	
		9		7			2	
6	5						1	7
			4		3			5

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Calgary weather

Afternoon

Sunny.
23°

Tonight

Clear.
Low 8°

Friday

Sunny.
23° / 11°

Saturday

Partly cloudy.
24° / 10°

Sunday

Sunny.
26° / 10°

The Weather Network
theweathernetwork.com

Temperature Normals
High: 24.2°
Low: 9.6°

Records
High: 33.9°/1890
Low: 1.1°/1904

Sunrise: 5:50 a.m.
Sunset: 9:33 p.m.
Moonset: 1:31 p.m.
Moonrise: 11:38 p.m.

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Celebrity Buzz

Barrymore may still love ex

FEELINGS FOR THE EX

Drew Barrymore is still in love with her ex-boyfriend, *femalefirst.co.uk* reports.

The actress, who recently split from her latest suitor Justin Long, reportedly initiated the break-up because she couldn't stop thinking about former lover, The Strokes drummer Fabrizio Moretti.

"Drew just couldn't get Fabrizio out of her mind," a source said. "She says Justin was great, but what she had with him just wasn't as strong."

Barrymore, who dated the rocker for five years, has remained in contact with Moretti since they separated and reportedly feels ready to settle down and start a family

with him.

The source added to National Enquirer magazine: "Drew told me, 'I want kids, and I want them pretty soon, and the more I am away from Fabrizio, the more I realize he is the one.'"

METRO NEWS SERVICES



Winehouse wants 5 kids

BABIES Amy Winehouse has revealed she wants at least five children and twins, *femalefirst.co.uk* reports. The singer insists she and husband Blake Fielder-Civil, who this week was sentenced to 27 months in prison for grievous bodily harm and perverting the course of justice, are ready to start their family.

"I love kids," she said. "To be honest, I think kids have got a lot more going on than adults. They've got their heads screwed on a lot

better. Blake and I can't wait to have kids. I want at least five kids, and I want twins. Blake is going to be the most amazing dad. When Blake was about we talked about it all the time. We'd like to have identical twins. Blake had a dream that we had a girl who was dark like me. I had a dream that I had one older, like 18 months, dark like me and identical twin babies." **METRO NEWS SERVICES**



GETTY IMAGES PHOTOS

Locklear back home

TREATMENT After successfully completing four weeks of treatment for anxiety and depression, Heather Locklear is back home, *People.com* reports.

"Heather's feeling really great," says a close friend. "And she looks beautiful, just radiant."

While the actress' recovery is "a work in progress," Locklear seems rejuvenated by her month away, says the friend. "She told a really funny story and she laughed from her

core," says the pal, who has seen Locklear since she returned home last weekend.

METRO NEWS SERVICES



Wentz gets fatherly advice

PREP Pete Wentz has been taking fatherhood advice from his dad and father-in-law, *femalefirst.co.uk* reports.

The Fall Out Boy rocker and new wife Ashlee Simpson are expecting their first child together and Pete has been talking to Joe Simpson and his pop Pete to make sure he is fully prepared for the arrival. He told *OK!* magazine: "I'm reading all the books. The best one I've read so far is *The Expectant Father*."

"I'm talking to my dad a lot. I'm talking to Ashlee's dad a lot. We hang out with other people who have kids. You see the world in a different way. It's exciting."

The bassist also spoke about his friends' response to the pregnancy.

"My friends are all really excited for me," he added. "Our drummer Andy Hurley was the first

to respond to anything. I sent out the email for my wedding and Andy responded seven minutes later like, 'I'll be there and these are the sizes of my clothes.'"

METRO NEWS SERVICES



Maggie Gyllenhaal reads no evil

MEDIA Maggie Gyllenhaal has vowed never to read articles printed about her, in a bid to protect herself from harsh media criticism, *imdb.com* reports. "The amount of scrutiny can be unbearable," she said. "It's sometimes really hurtful."

METRO NEWS SERVICES



celebrity briefs

'Supermodel' is overused: Naomi

TITLE Model Naomi Campbell has hit out at the current batch of "super-models," insisting Gisele Bündchen was the last runway queen to deserve the title, *imdb.com* reports. **METRO NEWS SERVICES**



Memoirs postponed for Downey Jr.

TELL-ALL Robert Downey Jr. has returned the advance on his memoirs after postponing plans for a tell-all, *femalefirst.co.uk* reports. **METRO NEWS SERVICES**



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Dancing labour

Actor Matthew McConaughey danced during his girlfriend Camila Alves' labour, and even played Brazilian music to keep her entertained. Alves gave birth to Levi Alves on July 7 and McConaughey was on hand to ease her through her labour pains. **METRO NEWS SERVICES**



Smith makes the big money

CHEQUES Will Smith has topped a list of Hollywood's highest paid actors, *femalefirst.co.uk* reports.

The Hancock star — who has made \$80 million US in the last year — became the first ever actor to have eight consecutive movies break the \$100-million mark at the box office.

His earnings caused him to shoot to

the top of Forbes magazine's list, ahead of Johnny Depp who earned \$72 million.

Eddie Murphy and Mike Myers came third with earnings of \$55 million each, and Leonardo DiCaprio rounded off the Top 5 after making \$45 million last year. Bruce Willis proves he still has the potential to be a huge box-office star, after coming sixth in the list with earnings of \$41 million. He was closely followed by comedian Ben Stiller and Nicolas Cage, who made \$40 million and \$31 million respectively. The Top 10 was rounded off by funnyman Will Ferrell, who earned \$31 million, and Adam Sandler with earnings of \$30 million.

METRO NEWS SERVICES



Brit's smokes getting into son's hands

SMOKE Britney Spears' parenting skills have come under fire again after she was caught exposing her son to second-hand smoke, *femalefirst.co.uk* reports.

The pop star was photographed with her two-year-old son Sean Preston on Sunday as he attempted to play with his mom's cigarettes.

Spears is seen in the photos standing in a bikini next to Sean as she lights up. The toddler holds a lighter in one hand and reaches for

a pack of his mother's Marlboros with the other.

Taken from Spears' Beverly Hills, Calif., home, Spears is snapped reaching down for the pack to stop her son taking them.

Studies have proven links between second-hand smoke and childhood illnesses, including ear infections, bronchitis, asthma and other respiratory ailments.

METRO NEWS SERVICES



Miley talks photos

PEOPLE Miley Cyrus is continuing to speak out about her infamous Vanity Fair photos, *usmagazine.com* reports. She called the shots "a mistake" during an interview on ABC's Good Morning America recently. "I think I was just in a stage where I was just trying to get things

done, and maybe look for an older audience," the 15-year-old said.

METRO NEWS SERVICES



Dickinson gets drive-and-talk traffic ticket

PEOPLE Janice Dickinson has become the first celebrity victim of California's new phone-and-driving law, *femalefirst.co.uk* reports.

As of July 1, motorists in the state were banned from using cellphones while driving and the 53-year-old ex-supermodel picked up a ticket on Hollywood's Sunset Boulevard on Tuesday.

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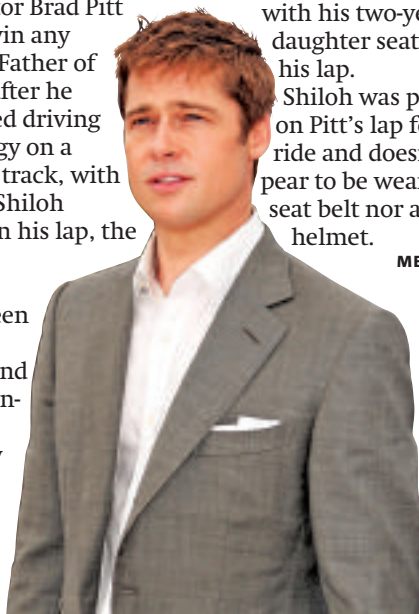
celebrity brief

Pitt's questionable fathering methods

SHILOH Actor Brad Pitt may not win any prizes for Father of the Year, after he was spotted driving a golf buggy on a quad bike track, with daughter Shiloh perched on his lap, the Daily Mail reports. Pitt was seen out with sons Pax and Maddox enjoying a family day out at a quad bike track in Miraval. But the

44-year-old was criticized after he was seen leading the way in a golf buggy with his two-year-old daughter seated on his lap. Shiloh was perched on Pitt's lap for the ride and doesn't appear to be wearing a seat belt nor a helmet.

METRO NEWS SERVICES



celebrity brief

Moss tries to save her relationship

PEOPLE Kate Moss and her rocker boyfriend Jamie Hince have flown out to a secret location in a bid to save their relationship, the Daily Mirror reports. The couple have been on rocky ground recently.

METRO NEWS SERVICES



celebrity brief

Lauren Conrad has diva bout

PEOPLE The Hills star Lauren Conrad pulled a diva act at a charity event last week by showing up late and not talking to reporters, PageSix.com reports. **METRO NEWS SERVICES**



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